



INTEGRATIVE MANUAL THERAPY (IMT) REGISTRATION FORM

Foundation and Advanced Courses

Integrative Manual Therapy (IMT) is a unique compilation of both diagnostic and treatment techniques, used to assess and treat pain, dysfunction, disease and disability. IMT treatment techniques are manual, and generally involve gentle manipulative techniques to promote tissue repair, normalize structure and restore function.

The foundation courses which we are offering this year are especially effective for the treatment of musculoskeletal disorders, including low back pain, thoracic and cervical pain, gleno-humeral joint, hip, and other peripheral joint disorders.

Speaker Details-

As a keynote speaker, Jennifer M. Lewin, L.Ac.(USA), MAOM, IMT, C., Dr. Sharon W. Giammatteo Ph.D, P.T., I.M.T., C. and Dr. Thomas Giammatteo, D.C., N.D., P.T., I.M.T.,C. for Foundation and Advanced courses respectively.

Jennifer M. Lewin, L.Ac.(USA), MAOM, IMT, C. is a licensed Acupuncturist and Herbalist (USA) and Certified Integrative Manual Therapist. Jennifer has been practicing Integrative Manual Therapy (IMT) since 1997, in both the US and Hong Kong. In addition to completing a certification in IMT at the Connecticut School of Integrative Manual Therapy, Jennifer spent several years training under the direct mentorship of Dr. Sharon Weiselfish-Giammatteo, the founder of IMT. In 2003, Jennifer began a Master's degree in Acupuncture (Chinese and Japanese styles) and Herbal Medicine at the New England School of Acupuncture in Boston, USA. In 2007, Jennifer became a licensed Acupuncturist and Herbalist in the US. Jennifer moved back to Hong Kong in 2007 and practices out of Balance Health. Jennifer is teaching faculty for Dialogues in Contemporary Rehabilitation (DCR) and the Connecticut School of Integrative Manual Therapy (CSIMT), where she teaches IMT seminars in both the US and Hong Kong.

Dr. Sharon W. Giammatteo, Ph.D, P.T., I.M.T.,C. is President of CenterIMT, Center of Integrative Manual Therapy and Diagnostics, including Regional Physical Therapy in Connecticut. CenterIMT is a network of health care clinics providing manual therapy and rehabilitation in the United States and Asia. Dr. W. Giammatteo graduated from Wingate Institute of Physiotherapy in Israel; received an undergraduate degree in Advanced Health Sciences and Medicine, a graduate degree in Clinical Neurosciences and her Doctoral Degree investigating manual and cranial therapies for the neurologic client. Dr. W. Giammatteo is President of Dialogues in Contemporary Rehabilitation (DCR), the learning, resource and research center for IMT in Connecticut. DCR presents over 150 seminars around the world each year. Their authorized Connecticut School of Integrative Manual Therapy is situated in Bloomfield, CT. Dr. W. Giammatteo developed Integrative Manual Therapy, the Integrated Systems Approach and Integrative Diagnostics. She has taught on 5 continents as an expert in orthopedics, chronic pain, pediatrics, neurologic and geriatric rehabilitation.

Dr. Thomas Giammatteo, D.C., N.D., P.T., I.M.T.,C. is Director of Operations for CenterIMT, Center of Integrative Manual Therapy and Diagnostics, including Regional Physical Therapy in Connecticut. He is Vice President of DCR, Dialogues in Contemporary Rehabilitation, the learning, resource and research center for IMT in Connecticut. Dr. Giammatteo holds undergraduate degrees in both Physical Therapy and Human Biology. He received his Doctorate of Chiropractic Medicine from the National College of Chiropractic and earned a Certificate of Meridian Therapy and Acupuncture. In addition to his teaching fellowship, he was a clinical specialist in Orthopedic and Neurologic Rehabilitation for the National College of Chiropractic. Dr. Giammatteo was on staff for three years at the Upledger Institute's Healthplex Clinic and Brain and Spinal Cord Dysfunction Center in Florida. Dr. Giammatteo's expertise extends to sports medicine, orthopedics, neurologic, pediatric and medical patients. He has been presenting around the world to physical and occupational therapists, chiropractors, allopathic physicians, osteopaths and naturopaths.

Course Details

Please if you are interested to join these courses.

Foundation Course- Strain and Counterstrain Technique

This day and a half practical course will present Strain and Counterstrain Technique, developed by Lawrence Jones, DO. This is an approach used to normalize abnormal neuromuscular physiology. Reduction and arrest of the inappropriate proprioceptor activity which is hypothesized as the basis of "muscle spasm" and also "spasticity" is achieved with this technique. The resulting muscle fiber relaxation and elongation is accompanied by improved articular balance, increased joint mobility and ranges of motion. This technique is extremely effective and important for the treatment of all musculoskeletal disorders, including low back pain, thoracic and cervical pain, and all peripheral joint disorders. Advanced Strain and Counterstrain Technique, developed by Sharon Weiselfish Giammatteo, PT, PhD, IMT,C., uses the same principles to treat autonomically innervated muscles, including the smooth muscles which line vascular tissue and lymphatic vessels.

Date:	6 th September 2008 (Saturday)	7 th September 2008 (Sunday)
Time:	2pm-6pm	9am-5pm
Venue:	Balance Health, 2705, 27/F, 3-5 Arbuthnot Road, Central, HK	
Fee:	HK\$2200.00 (if sign up before Aug 6); HK\$2400.00 (if sign up after Aug 6)	
Speaker:	Jennifer M. Lewin	
Booking Deadline:	23 rd August 2008	

Myofascial Mapping- An IMT Diagnostic Tool

This one day lab course will present Myofascial Mapping, an Integrative Manual Therapy (IMT) Diagnostic Tool. Myofascial Mapping is a hands-on diagnostic tool to locate primary areas of dysfunction, including soft tissue, joint, and bone dysfunction; organ dysfunction; and more. For example, with Myofascial Mapping, the practitioner will be able to determine whether shoulder pain is caused by shoulder dysfunction or being referred by a nerve impingement at the cervical spine. This critical diagnostic tool can be utilized to develop comprehensive treatment plans for all patient populations. At the conclusion of this lab-intensive course, the practitioner will have new clinical skills to immediately integrate into their daily clinical practice. This approach, developed by Sharon W. Giammatteo, Ph.D., P.T., I.M.T.,C., in the mid 1980's is based on over thirty years of her scientific and clinical research in the field of manual therapy.

Date: 21st September 2008 (Sunday)
Time: 9am-5pm
Venue: Balance Health, 2705, 27/F, 3-5 Arbuthnot Road, Central, HK
Fee: HK\$1600.00 (if sign up before Aug 31); HK\$1800.00 (if sign up after Aug 31)
Speaker: Jennifer M. Lewin
Booking Deadline: 7th September 2008

Advanced Course- Manual Solutions for Immune Compromise

These 3 days advanced Integrative Manual Therapy (IMT) lab course is part of a series called IMT for Biologic Medicine. Manual therapists (MD, DO, ND, DC, PT, OT, L.Ac, MT, IMT, other) typically treat dysfunction to reduce pain and improve function. This series of manual therapy seminars, called IMT for Biologic Medicine, is a new era for manual medicine: techniques to affect the tissues contributing to disease. The content of this course can be utilized to: reduce immune deficiency, increase immune competency, and decrease local, regional and systemic infection and inflammation. Discussions regarding immunology will provide the student with critical thinking and clinical reasoning, in order to begin to develop an expertise in this field. A multidisciplinary approach is best for treatment of infectious and/or inflammatory conditions.

Date: 25th-27th Oct 2008 (Saturday- Monday)
Time: 9am-5pm
Venue: Olympic House, 1/F Olympic House, 1 Stadium Path, Sa Kon Po, Causeway Bay, HK
Fee: HK\$4800.00 (if sign up before Aug 29); HK\$5200.00 (if sign up after Aug 29)
Speaker: Dr. Sharon W. Giammatteo and Dr. Thomas Giammatteo
Booking Deadline: 26th September 2008
Pre-Requisition: Any 3 IMT courses plus the learning of recovery motilities for the treatment of IDM (immune deficiency motility) and DOM's (disruptions of membrane). Experience with template therapy will be helpful, but is not necessary.

Foundation Course- Introduction to IMT for the Digestive Tract

IMT for the Digestive Tract will introduce simple manual therapy techniques to decrease muscle spasm and fascial tension of the organs of the digestive tract. These techniques can be used on all patient populations and will lead to changes in abdominal pain and cramping, hemorrhoids and bowel function, indigestion and acid reflux, colic in infants, food poisoning, and all other digestive related symptoms. Musculoskeletal disorders, including low back, thoracic, cervical, shoulder and hip joint dysfunction are often affected by disorders of the internal organs. Practitioners will learn how to integrate these techniques into their musculoskeletal protocols for their orthopedic patient populations.

Date: 6th December 2008 (Saturday) 7th December 2008 (Sunday)
Time: 2pm-6pm 9am-5pm
Venue: Balance Health, 2705, 27/F, 3-5 Arbuthnot Road, Central, HK
Fee: HK\$2200.00 (if sign up before Nov 6); HK\$2400.00 (if sign up after Nov 6)
Speaker: Jennifer M. Lewin
Booking Deadline: 22nd November 2008

Registration Details

*** Please fax this form to Balance Health, 3747 7969 or email santi@balancehealth.com.hk**

Family name*: _____ Given Name*: _____
Occupation: _____
Postal Address: _____

Work Phone: _____ Mobile*: _____ Fax: _____
Email*: _____

Payment Method

Cheque Cash Credit Card

For enquiries, please contact Balance Health, +852 2530 2298 or email santi@balancehealth.com.hk. Mail your registration form to 2705, 27/F, 3-5 Arbuthnot Road, Central, HK or fax to 3747 7969. Please call Santi Chan for additional information or questions. Payment by cheque to "Balance Health Ltd" can be mailed to our office. For cash and credit card payment, please come to our office personally. No refund once registration has been accepted.