



BALANCE HEALTH  
*the natural choice*

## INTEGRATIVE MANUAL THERAPY (IMT) REGISTRATION FORM

Integrative Manual Therapy (IMT) is a unique compilation of both diagnostic and treatment techniques, used to assess and treat pain, dysfunction, disease and disability. IMT treatment techniques are manual, and generally involve gentle manipulative techniques to promote tissue repair, normalize structure and restore function. The foundation courses which we are offering this year are especially effective for the treatment of musculoskeletal disorders, including low back pain, thoracic and cervical pain, gleno-humeral joint, hip, and other peripheral joint disorders.

### Speaker Details-

**Jennifer M. Lewin, L.Ac.(USA), MAOM, IMT, C.** is a licensed Acupuncturist and Herbalist (USA) and Certified Integrative Manual Therapist. Jennifer has been practicing Integrative Manual Therapy (IMT) since 1997, in both the US and Hong Kong. In addition to completing a certification in IMT at the Connecticut School of Integrative Manual Therapy, Jennifer spent several years training under the direct mentorship of Dr. Sharon Weiselfish-Giammatteo, the founder of IMT. In 2003, Jennifer began a Master's degree in Acupuncture (Chinese and Japanese styles) and Herbal Medicine at the New England School of Acupuncture in Boston, USA. In 2007, Jennifer became a licensed Acupuncturist and Herbalist in the US. Jennifer moved back to Hong Kong in 2007 and practices out of Balance Health. Jennifer is teaching faculty for Dialogues in Contemporary Rehabilitation (DCR) and the Connecticut School of Integrative Manual Therapy (CSIMT), where she teaches IMT seminars in both the US and Hong Kong.

### Course Details

#### Visceral Fascial Release: IMT for the GI Tract and other Visceral Organs

IMT for the Digestive Tract will introduce simple manual therapy techniques to decrease muscle spasm and fascial tension of the organs of the digestive tract. These techniques can be used on all patient populations and will lead to changes in abdominal pain and cramping, hemorrhoids and bowel function, indigestion and acid reflux, colic in infants, food poisoning, and all other digestive related symptoms. Musculoskeletal disorders, including low back, thoracic, cervical, shoulder and hip joint dysfunction are often affected by disorders of the internal organs. Practitioners will learn how to integrate these techniques into their musculoskeletal protocols for their orthopedic patient populations.

Date: 6<sup>th</sup> December 2008 (Saturday) 7<sup>th</sup> December 2008 (Sunday)  
Time: 1pm-6pm 9am-6pm  
Venue: Balance Health, 2705, 27/F, 3-5 Arbuthnot Road, Central, HK  
Fee: HK\$2200.00 (if sign up before Nov 13); HK\$2400.00 (if sign up after Nov 13)  
Speaker: Jennifer M. Lewin  
Booking Deadline: 22<sup>nd</sup> November 2008

### Registration Details

\* Please fax this form to Balance Health, 3747 7969 or email [santi@balancehealth.com.hk](mailto:santi@balancehealth.com.hk)

Family name\*: \_\_\_\_\_ Given Name\*: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Postal Address: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Mobile\*: \_\_\_\_\_ Fax: \_\_\_\_\_  
Email\*: \_\_\_\_\_

### Payment Method

Cheque  Cash  Credit Card

For enquiries, please contact Balance Health, +852 2530 2298 or email [santi@balancehealth.com.hk](mailto:santi@balancehealth.com.hk). Mail your registration form to 2705, 27/F, 3-5 Arbuthnot Road, Central, HK or fax to 3747 7969. Please call Santi Chan for additional information or questions. Payment by cheque to "Balance Health Ltd" can be mailed to our office. For cash and credit card payment, please come to our office personally. No refund once registration has been accepted.